

# Conference Checklist

## 01 Check your email.

We've sent you a confirmation of your registration.  
(Please check your spam inbox too!)

## 02 Save the date.

InHealth 2019 will take place on Saturday, August 31,  
at the Culinary Institute of America (CIA) Copia, 500  
1st street, Napa, CA 94559

Registration will take place from 07:30-08:00 at  
the venue.

## 03 Follow us on Instagram

@InHealthConference

Please use #InHealthCon to tag us in your posts  
and stories.

## 04 Parking Information

Allocated parking can be found in the parking area  
on the corner of 1st and Vernon st.